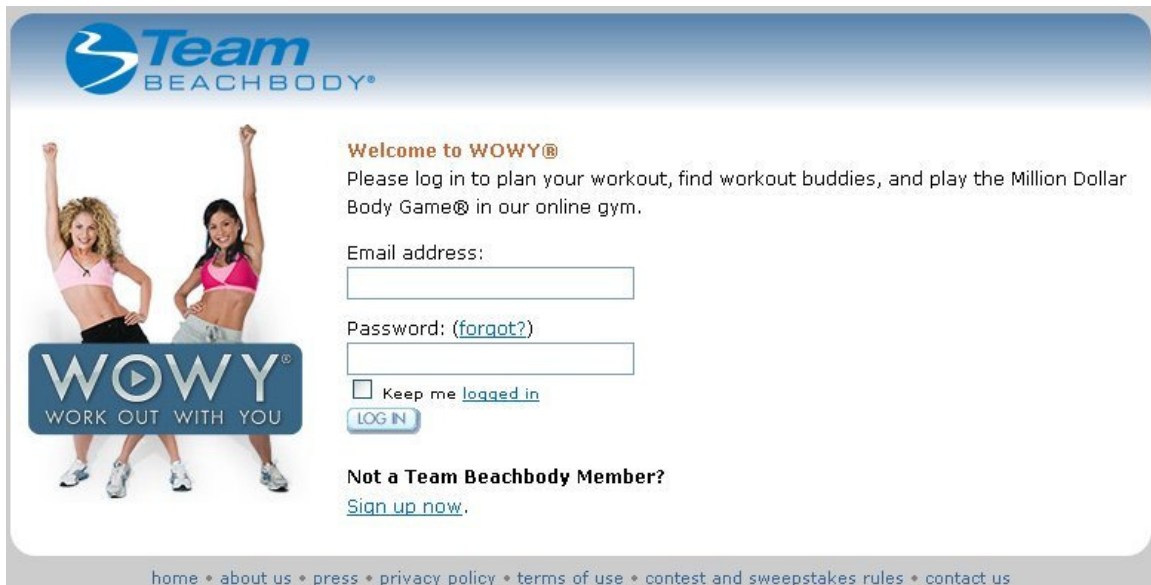


Log in to WOWY & Password Reset:

1) Log in to Ur Team Beach Body page

The easiest way to get to Ur page is to simply go to:

<http://www.WOWY.com>



Team
BEACHBODY®

WOWY
WORK OUT WITH YOU

Welcome to WOWY®
Please log in to plan your workout, find workout buddies, and play the Million Dollar Body Game® in our online gym.

Email address:

Password: ([forgot?](#))

Keep me [logged in](#)

[LOG IN](#)

Not a Team Beachbody Member?
[Sign up now.](#)

[home](#) • [about us](#) • [press](#) • [privacy policy](#) • [terms of use](#) • [contest and sweepstakes rules](#) • [contact us](#)

WOWY stands for

Work
Out
With
You

From here simply log into Ur account.

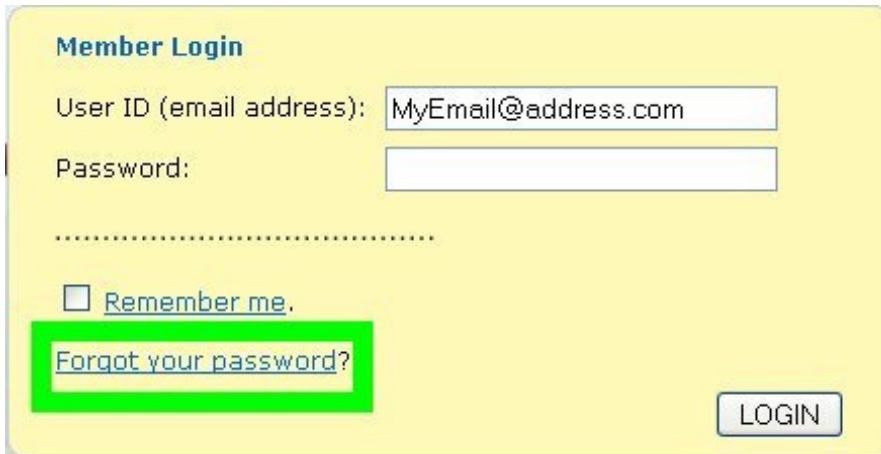
With Ur:
E- Mail address
Password

If U don't know Ur password I may have it for U so U can call or email me for it.

Jason@PuckHead.org

678-361-4140

Or U can simply reset Ur password by pressing the "Forgot your password" button that will appear if U did don't get Ur log in correct.



Member Login

User ID (email address):

Password:

.....

Remember me.

[Forgot your password?](#)

Then simply enter Ur email on the form that appears and Beach Body will email your Ur password.



FORGOT YOUR PASSWORD?

Enter your email address below and we'll send your Team Beachbody password to you.

NOTE: This is for Team Beachbody only, not for the Message Boards.

If you are a Team Beachbody member who does not have an email account, please call Team Beachbody Support at 1 (800) 240-0876, Monday through Friday from 9 AM to 9 PM, or Saturday and Sunday from 10 AM to 6 PM ET, to retrieve your password.

[Close window](#)

If U need to change Ur password then please procede to the guide:

http://headline.angelfire.com/Demos/Setup_Screen_Name_Instructions.pdf