

## Setup Screen Name Instructions:

OK now U should now know how to login and reset Ur password if necessary if not please go back to that document for help.

[http://headline.angelfire.com/Demos/Login\\_n\\_PassWord\\_Reset.pdf](http://headline.angelfire.com/Demos/Login_n_PassWord_Reset.pdf)

Log in to Ur Team Beach Body account at [www.WOWY.com](http://www.WOWY.com).

The screenshot shows the user's profile page on the Beachbody website. On the left, a sidebar contains a welcome message for 'PuckHead' (member since 9/11/03) and several navigation buttons: 'GET STARTED! Click here to create your profile', 'Enter The SUCCESS STORY >> CONTEST!', 'WATCH THE GAME >>', 'WOWY >>', 'CLUB >>', 'STORE >>', and 'COACH >>'. Below these is a 'My Coach' section with links for 'Cincyfit', 'Email My Coach', 'My Account', 'Update My Profile', and 'Manage My Subscriptions'. The main content area features a banner for 'ONE on ONE with [signature] NOW AVAILABLE!' with a 'LEARN MORE >>' button. Below the banner is a community chat announcement for Chalene Johnson on Wednesday, January 14th at 5:00 PM PT. A navigation bar includes 'Beachbody-TV', 'Diet & Nutrition', 'Exercise & Fitness', 'Trainers & Experts', and 'Community & Peer Support'. The central video player shows a 'Resume' button and a 'SPECIAL: BNN's 100th webcast!!!' video. To the right, a section titled 'Also on Beachbody-TV' lists 'Million Dollar Body Game Show', 'Slim Style', and 'Thin Kitchen' with brief descriptions. The video player controls show a progress bar from 00:16 to 09:38 and buttons for 'PLAY', 'MENU', and volume.

You should see a screen like the one above as soon as U log in!

Notice here that my Screen Name is already showing up! If U had not selected a Screen Name yet I believe that this message will default to Ur first name!

**GET STARTED!**  
Click here to create your profile

Enter The **SUCCESS STORY >> CONTEST!**

**WATCH THE GAME >>**

**WOWY >>**

**CLUB >>**

**STORE >>**

**COACH >>**

[Previous Coach Office View](#)

**My Coach**  
[Cincyfit](#)  
[Email My Coach](#)  
[My Account](#)  
[Update My Profile](#)  
[Manage My Subscriptions](#)

**NOW AVAILABLE!**

Community chats with your favorite  
Chat live with Chalene Johnson Wedne

Beachbody-TV Diet & Nutrition Exercise & Fitness

**Resume**

**Beachbody Network News**

**SPECIAL: BNN's 100th webcast!!!**

00:01 09:38

PLAY

YOU ARE WATCHING:  
**SPECIAL: BNN's 100th webcast!!!**

For our 100th webcast, we're taking you behind the scenes to see the making of BNN. Meet the dedicated staffers who've been involved in the show since its debut in January 2000...

OK so now that U are logged in simply click on the “**My Account**” text on the left hand side of the screen.

**Enter The SUCCESS STORY >> CONTEST!**

**WATCH THE GAME >>**

**WOWY >>**

**CLUB >>**

**STORE >>**

**COACH >>**

[Previous Coach Office View](#)

**My Coach**  
[Cincyfit](#)  
[Email My Coach](#)

**My Account**  
[Update My Profile](#)  
[Manage My Subscriptions](#)

**Help ?**  
[Customer Service FAQ](#)  
[Club FAQ](#)  
[WOWY FAQ](#)  
[Game and Contest FAQ](#)

**Login Information**  
 Log into your account using your email address and password.

\* **Email:**

\* **Verify Email:**

\* **New Password:**  (4 to 12 characters)

\* **Verify Password:**

**Personal Information**

\* **First Name:**

\* **Last Name:**

\* **Phone:**

\* **Address 1:**

**Address 2:**

\* **City:**

\* **State or Province:**

\* **Zip:**

**Date of Birth:**

**Desired Screen Name:**

**Gender:**  Male  Female

**My Location:**

When U select the “My Account” then U should see this screen and U want to add Ur **Desired Screen Name** on the highlighted box!

This may take U a couple of tries to find a name that is not already used! If U are having trouble finding a name. I have found that when U combine two words together it will normally work!

We have several Head names already. If U can not determine a great username I recommend simply thing about a hobby or a passion and then adding Head to it! So since I love to play hockey I choose PuckHead!

Play with the capitalization! I think it look much better when U capitalize the beginning of each work!

Which looks better?

puckhead or PuckHead ?

The choice is up to you!